

Monarch HealthCare's *Health Educator*

Monarch's Health Educator provides assistance to our members and providers through a variety of resources including: health education, community referrals, and case management referral assistance.



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Health Educator

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Health Education

- Classes, telephone support, and mailed literature that inform and teach members how to manage their conditions like diabetes and heart disease.
- Help with maintaining a healthy lifestyle by exercise, nutritious eating, and smoking cessation.

Community Resources

- Referrals to any health-related resource, such as: senior services, non-emergency medical transportation, meals, and in-home assistance needs.

Case Management Assistance

- Direct referrals to Monarch HealthCare's Case Management Team for members with complex or multiple conditions. Services are coordinated by a registered nurse trained to assist in providing additional resources and access to key services.



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