

Pat Huckabay, *Senior Ambassador*



- Looking for a doctor experienced in adult medicine?
- Confused by Medicare choices?
- Need affordable health care?

“There are so many choices when it comes to selecting a health plan or doctor. My goal is to present those choices as simply as possible. I get a lot of satisfaction out of helping seniors or their family members make informed decisions. And if their issues need untangling, I know where to go and what questions to ask.”

Pat Huckabay is Monarch HealthCare’s senior ambassador—a liaison to seniors, physicians and health plans. She assists Monarch members with questions about the physician network, the referral process and offers advice on health plan selection. In addition to helping individuals and their family members navigate through the healthcare system, she keeps the public informed by offering educational programs about wellness, prevention and leading-edge technology.

Professional Qualifications

Pat has been working in health care since 1993. Prior to joining Monarch HealthCare, she worked in a medical office, dialysis unit and laboratory. On the business side, she has worked in billing, insurance counseling and customer service. This multi-faceted experience gives her valuable insight into the ever-changing healthcare environment.

Personal Interests

Originally from Chicago, Pat has lived in Orange County since 1974. She is the mother of five children. In her leisure time, Pat enjoys visiting art museums and cultural activities. Her reading interests include C. S. Lewis and the *Harry Potter* series.

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Monarch HealthCare®
A MEDICAL GROUP, INC.

At Monarch HealthCare, we believe important health care decisions should be made by you and your physician. After all, who knows your health care needs better?

Monarch HealthCare was formed in 1994 by a group of local community physicians, and is still owned and operated by physicians today. Our physicians value the freedom that comes with practicing as independent doctors with the support of a strong, stable and innovative medical group like Monarch HealthCare.

You will find Monarch HealthCare physicians conveniently located in offices throughout Orange County:

- More than 600 independent primary care physicians
- More than 1,300 highly qualified specialists
- 35 different medical specialties within the Monarch HealthCare network
- Streamlined referral processing

Health Plans affiliated with Monarch HealthCare

Aetna U.S. Healthcare	(800) 756-7039
Blue Cross/California Care	(800) 777-6000
Blue Shield	(800) 660-3007
CalOptima	(888) 587-8088
Cigna	(800) 343-9197
Great-West Healthcare	(800) 663-8081
Health Net	(800) 909-3447
PacifiCare	(800) 577-0001

Senior Plans

Aetna Golden	(800) 366-4355
Blue Cross Senior Secure	(800) 765-2585
Blue Shield 65 Plus	(877) 841-8135
Health Net Seniority Plus	(800) 935-6565
OneCare	(877) 412-2734
SCAN	(877) 452-5898
Secure Horizons	(888) 705-4125

To select a specific doctor as your primary care physician, please contact your health plan's sales or member service department. Give them the doctor's name and be sure to specify Monarch HealthCare as your medical group. If you'd like assistance, please call us at (888) 767-2222.



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